

We are delighted that the Government have given the green light for out-of-school providers such as ourselves to re-open and provide both outdoor and indoor provision. Their latest guidance publication has acknowledged the important role that clubs such as ours can play for children in “providing enriching activities and promoting their wellbeing.” The full publication can be found on the [Government website here](#)

What sports can return to play and in what capacity?

- i. Each Sports' National Governing bodies has produced a 'Return to Play' strategy. Game On will monitor these guidelines and will adapt our approach accordingly.
- ii. The first requirement is that group sizes do not exceed 15 children to one coach.
- iii. All sports have suggested activities should take place outside where possible but in the event the sport needs to be indoors companies need to adhere to the following guidelines - <https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/providers-of-grassroots-sport-and-gym-leisure-facilities>
- iv. Dance taking place indoors need to ensure social distancing is adhered to at all times. Our coaches will place cones a minimum of 1m apart throughout the hall so children have a guide on where they should stay.
- v. A school hall must be cleaned before and after use before Gymnastics is allowed to take place.
- vi. Hard wooden surfaces are allowed to be used as they can easily be cleaned.
- vii. If mats are required children will need to work on their own.
- viii. Children are not allowed to partake in activities which under normal circumstances would require the safety of a coach should they lose their balance (e.g. a handstand).
- ix. Football has been allowed to return to a contact sport with matches being acceptable.
- x. Basketball, Handball and Netball are naturally non-contact sports and whilst contact can accidentally happen both sports have been allowed to return to normal. The guidance suggests regular sanitising of hands as balls will be shared and Game On intend to implement this every 20 minutes.
- xi. Rugby have created a new version of Tag-Rugby.
<https://www.englandrugby.com/participation/playing/game-on/ready-4-rugby>
The game removes tags from the children's waists but does have an element of contact.
- xii. Rounders and Cricket have been allowed to return to normal but on the condition that equipment is sanitised between innings. Due to the nature of the sport social distancing can be maintained.
- xiii. Quick-sticks Hockey has returned to normal but children are encouraged not to touch the balls. Sticks will be given to a child for the entire session and no swapping allowed.
- xiv. Dodgeball will take place outdoors where possible but should we need to go inside the guidance suggests a pitch must be 9m wide for a 4v4 match. If the area allows extra space then the number of players can be greater.
- xv. Athletics is an individual sport so social distancing can be maintained. In events where equipment is used it must be cleaned before a new child uses it.

Please note:

These details are correct for extra-curricular clubs, however PE guidelines do differ.

Which children will be in my child's 'Bubble'?

- i. Children attending lunchtime clubs will only be placed with other children from their 'School Bubble'.
- ii. The Government have recognised that is not always possible for an after-school club and therefore have said it is possible for an 'out of school' bubble to be created. Therefore, in some schools Game On will have to create a 'Sporting Bubble' to ensure sufficient children attend the course.

How do I reserve my child's space on a course?

- i. Each club has its own application page [on our website](#).
- ii. Spaces will be allocated on a first-come, first-served basis
- iii. Any child who attends a course who has not already pre-registered will not be allowed to participate. We need to have accurate records for health and safety reasons and for 'Track and Trace'.
- iv. Payment can only take place via bank transfer or by posting a cheque to the Game On office. Please do not drop any money into the school office as they will be unable to accept it and we will not be able to collect it before the 1st session starts.

What practical changes will I notice with Game On clubs?

- i. Where possible sessions will take place outside so children should have tracksuits and raincoats. In extreme weather we will play sport indoors but if the school's facilities dictate this is not possible then we will have to cancel the session.
- ii. Children must sanitise their hands on arrival and at the end of each Game On session under the supervision of the coach. If your child is going to be uncomfortable doing this please contact Game On before the 1st session as an alternative will be required.
- iii. You will notice our coaches will minimise the amount of equipment they use within a session. All equipment is sanitised before and after use.
- iv. Coaches have been told to avoid using bibs and if they do use they will remain with a child for the entire session. Immediately after the session the bibs will be cleaned.
- v. Children will not be allowed to share items such as goalkeeper gloves, shin pads, etc.
- vi. Parents will not be allowed onto the school site to observe their child playing sport. Each school will determine where the dismissing point is to ensure a quick and safe dismissal for each child. With this in mind should a child forget any items of clothing or school bags they will not be allowed back into school after 3.30 pm (Coaches will do everything in their power to remind children). The cleaning process within the school will have started and items will need to be left until the morning.

As a parent what should I be looking out for with out of school settings?

Game On has used the government's current advice for parents sending their children to out of school activities. Full details can be found on the [Government website here](#).

Further questions

Should you have any further questions regarding the operating of Game On's school clubs please do not hesitate to contact us:

Game On
Unit 54
The Wenta Business Centre
Colne Way
Watford
Herts WD24 7ND

01923 218124
info@gameonsportscoaching.co.uk
www.gameonsportscoaching.co.uk